



# Swiss quality Vita Health Care supplements

Taking nutrient supplements or preparations with near-natural active ingredients can have the following beneficial effects on your health:

- ◆ The elimination of a specific nutrient deficiency
- ◆ The treatment of an existing illness
- ◆ The prevention of illnesses (as a prophylactic measure) – to maintain health

Many research studies show that certain nutrients, when taken in high doses (significantly more than can be obtained from a normal diet), may display healing abilities that are not apparent in small doses.

Taking them systematically and for a prescribed period is important for the success of the therapy.

Vita Health Care AG offers a comprehensive product range:

- ◆ For complaints of the musculoskeletal system
- ◆ For tiredness and weakness
- ◆ For difficulties in concentrating
- ◆ For gastro-intestinal problems

All Vita Health Care products are available in pharmacies and drugstores. Please seek the advice of a qualified specialist.

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Product	Description/Indication	Active agents/Ingredients	Dose	Recommended price in CHF	
<b>Vita Mobility Complex®</b>	Plant-based capsules with chondroitin sulphate + glucosamine sulphate + sulphur donor (polysaccharides) + trace elements copper, manganese, chromium.	The daily dose contains 500 mg chondroitin sulphate + 1230 mg glucosamine sulphate for joints.	3 capsules daily. For long-term use.	120 capsules 240 capsules	69.80 119.50
<b>Vita Pro-Flex® DRINK</b>	Granulate with collagen hydrolysate + chondroitin sulphate + glucosamine sulphate + sulphur donor (polysaccharides) + vitamins C & E and manganese.	10 g collagen hydrolysate + 500 mg chondroitin sulphate + 1230 mg glucosamine sulphate. These are natural components of the connective tissue and joint cartilage.	1 drink daily for the joints, tendons and connective tissue. For long-term use.	40 sachets	146.00
<b>Vita Pro-Flex® GEL (for rubbing in)</b>	Active warming gel for rubbing in – cools at first and then warms – feels good – cares for the skin.	Unique formulation with glucosamine sulphate, chondroitin sulphate, camphor, pepper fruit extract and essential oils.	Application: massage on neck, shoulder, back, knees, etc.	150 ml Tube	23.90
<b>Vita GS complex®</b>	Plant-based capsules with glucosamine sulphate.	Glucosamine sulphate is a natural component of the connective tissue, ligaments and joint cartilage.	2 capsules daily.	130 capsules 260 capsules	69.80 119.50
<b>Evit® 800</b>	Vitamin E – vital substance for the connective tissue (cartilage, ligaments, tendons) and the muscles.	800 I.E. natural, high-dose vitamin E of plant origin (d-alpha-tocopherol).	1 capsule daily. Read the package insert.	50 capsules 100 capsules	47.00 88.00
<b>Vita Omega® 1000 (capsules)</b>	Omega-3 fatty acids (EPA + DHA) from fish oil. Capsules with 1000 mg fish oil (500 mg EPA & DHA) or plant-based chewable capsules with 500 mg fish oil.	EPA and DHA from fish oil for heart function, brain function and eyesight.	Vita Omega 1000: 1 capsule daily.	Vita Omega® 1000: 60 caps. 120 caps.	39.80 69.80
<b>Vita Omega® PLUS</b>	Contains 30 mg coenzyme Q10 in addition to the 1000 mg fish oil.	Coenzyme Q10 is considered to be an energy activator and is especially well absorbed in conjunction with fish oil.	Vita Omega PLUS: 1 capsule daily.	Vita Omega® PLUS: 90 caps.	74.50
<b>Vita Mg 300 plus® (effervescent powder)</b>	Magnesium preparation (effervescent powder) with 300 mg magnesium. For muscles, nerves and energy metabolism.	Magnesium (300 mg = 80% of the daily requirement), vitamins B6, B12 + folic acid. Plus vitamins C, B2, and calcium. No added sugar.	Dissolve one sachet a day in a glass of water.	36 sachets	39.80
<b>Vita Mag® 375 (capsules)</b>	Plant-based capsules with 375 mg magnesium (daily dosage). For muscles, nerves and energy metabolism.	Magnesium (375 mg = 100% of the daily requirement), 100% of the daily requirement of vitamins B6, B12, folic acid.	2 capsules daily with a little fluid (2 dl). Also suitable for diabetics.	120 capsules 240 capsules	47.00 84.00
<b>Vita Benefit® Q10</b>	Food supplement with natural green tea extract, coenzyme Q10, vitamins, minerals and trace elements.	Green tea extract with polyphenols and the energy activator coenzyme Q10 (30 mg) plus vital substances to activate the metabolic system.	1 capsule daily as a long-term dietary supplement. Take with meals. Suitable for diabetics.	120 capsules (4-month course) 50 capsules	85.00 49.80
<b>Vita Protein Complex®</b>	High-quality protein concentrate. Vitalising, fortifying and very filling. Vanilla flavour. Tastes delicious.	Protein building blocks (amino acids) from milk whey, soya and egg protein. With 500 mg L-carnitine and inulin dietary fibre. With magnesium, calcium and vitamins.	1 – 2 drinks (30 g in 2 dl skimmed milk) prepared in a shaker. May also be stirred into muesli.	12 x 30 g sachets 420 g tins	57.00 57.00
<b>Vita C Complex® Depot</b>	Natural vitamin C (240 mg), zinc and vitamin D – protects and vitalises.	Capsules with natural vitamin C (240 mg = 300% of the daily requirement) from the Acerola cherry plus the protective substances zinc and vitamin D.	1 capsule daily for slow release. Gluten-free. Lactose-free.	30 capsules 90 capsules	19.80 48.00
<b>Vita Biotin® 5 mg</b>	For hair and nail growth disorders.	High-dosage biotin (vitamin H) product for full hair and strong nails.	1 tablet daily (small, easy to swallow). Read the package insert.	25 tablets 100 tablets	29.80 79.80
<b>Natu-Hepa® 600</b>	Herbal medicinal product for gastro-intestinal complaints (nausea, bloating, flatulence).	Maximum-dose artichoke extract (600 mg per dragee). Promotes fat digestion.	One dragee 2 times daily. Read the package insert.	50 dragees 100 dragees	39.80 75.00
<b>Vita Chondrocurma®</b>	Unique vital ingredients for joints – reinforced with turmeric and astaxanthin. Drinking: plus 10 g of collagen hydrolysate.	Glucosamine and chondroitin, collagen hydrolysate, turmeric, astaxanthin plus more joint nutrients. For articular cartilage, bone and connective tissue.	1 drink daily or 2 – 3 capsules daily.	20 sachets 90 capsules	99.00 99.00
<b>Vita Collagen Complex® Drink</b>	Vita Collagen Complex drink powder. The unique daily vitality drink for beauty & energy for skin, collagen formation, immune system, against fatigue.	10 g collagen hydrolysate, 4 mg astaxanthin, 6 mg lycopene, coenzyme Q10, glucosamine sulphate, vitamins.	1 drink daily. For long-term use.	10 sachets 30 sachets	49.00 129.00
<b>Vita Pro Collagen® Capsules</b>	Food supplement for skin structure, joints and vitality. Beauty & energy in capsules.	500 mg methylsulfonylmethane (MSM), 180 mg hyaluronic acid, 100 mg pine bark extract, 40 mg collagen UC-II, 4 mg astaxanthin, coenzyme Q10.	2 capsules daily.	90 capsules	129.00
<b>Vita Omexanthin®</b>	Food supplement for memory, brain function and cardio vascular function.	500 mg EPA & DHA, phospholipids, 2 mg astaxanthin.	1 – 2 capsules daily.	60 capsules	89.00
<b>Vita Neuroxanthin®</b>	Food supplement for strong nerves, balance and against fatigue.	Curcuma, L-carnitine, coenzyme Q10, astaxanthin, 8 B-vitamines, magnesium, zinc.	1 – 2 capsules daily.	60 capsules	59.00
<b>Vita Lutein Complex®</b>	Food supplement for eyes and eyesight.	10 mg lutein, 2 mg zeaxanthin, 2 mg astaxanthin, vitamine B2 and blueberry concentrate.	1 capsule daily.	60 capsules	59.50